

Detection of Shiga Toxin Producing *Escherichia coli* from Human Faecal Samples by Multiplex PCR

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ABSTRACT

Shiga toxin-producing *Escherichia coli* (STEC) infection occurs via the faecal-oral route and results in symptoms ranging from mild uncomplicated diarrhoea to severe bloody diarrhoea. It's complications can be fatal especially among patients with severe renal and neurological disorders. Resistance against different antibiotics by STEC is also a big concern now a days. Hence, present study was planned with a total of 220 human faecal samples (farm workers: cattle- 30, buffalo- 30, sheep- 20, goat-20, pig- 20, poultry- 50, and diarrheic patients attended to the hospital- 50) of different ages collected from different livestock farms in Proddatur, Andhra Pradesh and surrounding villages. Samples were subjected to isolation and identification of *E. coli*. The *E. coli* isolated were characterized by PCR as STEC using primers for two genes, i.e., *stx1* and *stx2*. All the STEC isolates were subjected to ABST by using ten different antibiotic discs. Out of 220 human faecal samples, 216 (98.18%) were positive for *E. coli* by cultural method and 57.8% for STEC by PCR. On Muller-Hinton agar STEC isolates were highly resistant to ampicillin, cephalothin (100% each) followed by tetracycline (98.4%), streptomycin (95.2%), sulphonamides (91.2%), trimethoprim (84.8%), kanamycin (36%), while highly sensitive to gentamicin (84.8%), followed by colistin (82.4%), chloromphenicol (62.4%), kanamycin (51.2%). The high prevalence of *E. coli* among farm animal workers further suggests the significant role of faeco-oral transmission as animals are the reservoir for this organism. By taking proper personal hygienic measures faeco-oral transmission can be minimized.

Key words: *Escherichia coli*, PCR, Shiga toxin, STEC.

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INTRODUCTION

Escherichia coli is one of the most important pathogenic bacteria which is a normal inhabitant of large intestine in human and warm-blooded animals (Lara *et al.*, 2016). Therefore *E. coli* can be transmitted to raw milk and milk products by fecal contamination during milking process along with poor hygienic practices (Garbaj *et al.*, 2016). It is transmitted to humans primarily through consumption of contaminated foods such as raw/undercooked ground meat products, raw milk contaminated vegetables and sprouts. Now a days, this pathogen has raised as a major concern of food safety in many countries (Johnson *et al.*, 1996). Many amongst the enteric infections caused by *E. coli* are transmitted by inter-human contacts such as those caused by Entero-invasive *Escherichia coli* (EIEC) Enteropathogenic *Escherichia coli* (EPEC) or Enteroaggregative *Escherichia coli* (EAaggEC), while those ascribed to Enterotoxigenic *Escherichia coli* (ETEC) or Shiga toxin-producing *Escherichia coli* (STEC) are primarily transmitted to humans through the consumption of contaminated water or food (Piazza *et al.*, 2020). STEC infection occurs via the faecal-oral route and results in symptoms ranging from mild uncomplicated diarrhoea to severe bloody diarrhoea. Complications including haemolytic uraemic syndrome (HUS) and thrombotic thrombocytopenic purpura (TTP) can occur in some cases, both of which can result in fatality especially among patients with severe renal and neurological disorders (Borgatta *et al.*, 2012).

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The first recognized report of food borne infection with *Escherichia coli* O157:H7 in humans was the haemorrhagic colitis outbreak caused by hamburger consumption. Ground

beef is responsible for more human outbreaks of *Escherichia coli* O157:H7 than any other source (Ashgan *et al.*, 2015). Griffin (1995) have considered contaminated under cooked ground beef and hamburgers as the major vehicles for STEC. EHEC produces toxins known as vero-toxins whose coding genes are conveyed by temperate bacteriophages or Shiga-like toxins because of their similarity to the toxins produced by *Shigella dysenteriae*. Shiga toxins inhibit the protein synthesis of host cells leading to cell death and also causes vascular injury of the intestinal epithelium. The STEC strains that carry the *stx2* gene produce more virulent disease symptoms than those which carry *stx1* gene and considered epidemiologically more important (Wei *et al.*, 2020).

Multiplex PCR was developed to detect several genes of many organisms simultaneously within a single reaction (Malorny *et al.*, 2003). Same technique can be employed to detect various toxins produced by a single organism targeting various virulence genes. Multiplex PCR has proved to be more rapid sensitive and specific to detect *stxs* genes as compared to DNA colony hybridization tests (Day *et al.*, 2017). With this procedure DNA is amplified to increase the level of target DNA when STEC are present in very low number. Hence, keeping in view of the public health significance of STEC, the present study was designed to detect the prevalence and antimicrobial resistance patterns of STEC isolates from faecal samples of workers in different livestock farms in and around Proddatur, Andhra Pradesh.

MATERIALS AND METHODS

A total of 220 human faecal samples (Cattle farm workers-30, Buffalo farm workers-30, Sheep farm workers-20, Goat farm workers-20, Pig farm workers-20, poultry farm workers-50 and Diarrheic patients attended to the hospital-50) were collected from different livestock farms in and around Proddatur, Andhra Pradesh (India) and analysed for the presence of *E. coli* by cultural method and STEC by PCR. All the samples were collected aseptically and pre-enriched in buffered peptone water incubated at 37°C for 24 h. After pre-enrichment, 1 mL of each inoculum was transferred into selective broth (Himedia), *i.e.*, Tryptic soy broth and incubated at 37°C for 24 h. All the enriched samples were subjected to selective isolation by using MacConkey agar and Eosine Methylene Blue (EMB) agar and confirmed by using biochemical tests.

The biochemically confirmed *E. coli* isolates were subjected to PCR for the confirmation of STEC by using primers specific to *stx1* and *stx2* (Manna *et al.*, 2006) synthesised from Merck GeNei™ (Table 1). PCR includes DNA

extraction by Boiling and Snap chilling method (Arora *et al.*, 2006) from the selective broth cultures and then the DNA template was added to PCR reaction mixture and subjected to PCR assay consists of a 5 min initial denaturation at 94°C followed by 35 cycles of denaturation at 94°C for 1 min, annealing at 94°C for 1 min, and extension at 72°C for 1 min with a 10 min final extension at 72°C followed by maintenance at 4°C. The amplified product was tested for the presence of desired gene by using Agarose Gel Electrophoresis. The samples that showed the presence of anyone of *stx1* (614 bp) or *stx2* (779 bp) genes were considered as positive for STEC (Fig. 1, 2) and the samples without any genes were considered as non-STECC isolates.



Fig. 1: Results of human faecal samples for *stx1*. Lane M: 100bp DNA Ladder, Lane 2, 4: Positive human faecal samples for *stx1*

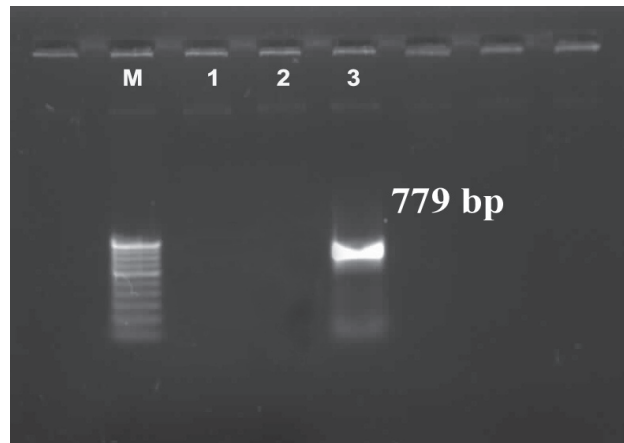


Fig. 2: Results of human faecal samples for *stx2*. Lane M: 100bp DNA Ladder, Lane 3: Positive human faecal samples for *stx2*

Table 1: Sequence of the oligonucleotide primers used for identification of STEC

Primer	Target gene	Primer sequence (5 ¹ -3 ¹)	Expected amplicon size	Reference
<i>stx 1</i> : F	<i>stx1</i>	ATAAATCGCCATTCGTTGACTAC	614 bp	Manna <i>et al.</i> (2006)
<i>stx 1</i> : R		AGAACGCCCACTGAGATCATC		
<i>stx 2</i> : F	<i>stx2</i>	GGCACTGTCTGAAACTGCTCC	779 bp	
<i>stx 2</i> : R		TCGCCAGTTATCTTGACATTCTG		

All the positive STEC isolates by PCR from faecal samples were subjected to antibiotic sensitivity test by using disc diffusion method against 10 different antibiotics using the standard disc diffusion technique.

RESULTS AND DISCUSSION

The prevalence of *E. coli* in cattle, buffalo, sheep and pig farm workers was 100% followed by 98% in poultry farm workers, 96% in patients attended to hospital and 95% in goat farm workers, with overall prevalence of 98.18% (Table 2). Boonyasiri *et al.* (2014) reported a slight lower overall prevalence (90%) of *E. coli* in animal farm workers, whereas Hanson *et al.* (2002) reported still lower prevalence (51-53%) in pig and poultry farm workers. A prevalence of 96% observed in diarrheic patients was very high when compared to the prevalence (8.6-30.2%) reported by Khan *et al.* (2002) and Rao *et al.* (2014), whereas a moderate prevalence (64.8%) in human faecal samples was reported by Rao (2015).

Table 2: Prevalence of *E. coli* in faecal samples of Human beings working in different farms and also diarrhoeic patients from hospitals

S. No	Source	No. of samples	Positive samples (%)
1	Cattle farm workers	30	30 (100.0)
2	Buffaloes	30	30 (100.0)
3	Sheep	20	20 (100.0)
4	Goat	20	19 (95.0)
5	Pig	20	20 (100.0)
6	Poultry	50	49 (98.0)
7	Diarrheic patients	50	48 (96.0)
Total		220	216 (98.18)

Out of 216 *Escherichia coli* isolates from human faecal samples, the overall prevalence of STEC was 57.8%, with 11.2% (14/125) carried only *stx1*, 57.6% (72/125) carried only *stx2* and 31.2% (39/125) carried both *stx1* and *stx2* (Table 3). Out of 125 STEC positive isolates, the highest prevalence was noticed from pig farm workers, i.e., 75% followed by 65% in sheep farm workers, 64.5% in human diarrheic patients, 56.6% in cattle farm workers, 53.3% in buffalo farm workers, 52.6% in goat farm workers and least 46.9% in poultry farm workers. Bose *et al.* (2025) submitted first confirmed risk assessment report of Shiga toxin-producing *E. coli* (STEC) and its impact on public health from the area of West Bengal, India.

Table 3: Prevalence of STEC from faecal samples of human beings working in different farms and also diarrhoeic patients from hospitals

S. No	Source	No. positive for <i>E. coli</i>	STEC by PCR (%)	Presence of <i>stx</i> among SETC		
				<i>stx1</i>	<i>stx2</i>	Both <i>stx1</i> & <i>stx2</i>
1	Cattle	30	17 (56.66)	02	10	05
2	Buffaloes	30	16 (53.33)	02	09	04
3	Sheep	20	13 (65.00)	01	07	05
4	Goat	19	10 (52.63)	01	06	03
5	Pig	20	15 (75.00)	02	09	04
6	Poultry	49	23 (46.93)	02	14	08
7	Human	48	31 (64.58)	04	17	10
Total		216	125 (57.8%)	14 (11.2)	72 (57.6)	39 (31.2)

Lower prevalence of 49.1% and 23.6% in diarrheic patients was reported by Jomezadeh *et al.* (2009) and Hamed *et al.* (2017), respectively, whereas very low prevalence of 0.5% to 1.8% was reported by others (Khan *et al.*, 2002; Palanisamy *et al.*, 2017) in diarrheic patients, compared to the prevalence of 64.5% in the present study. However, relatively higher prevalence of 71% and 86.1% was also reported by Ludwig *et al.* (2001) and Olowe *et al.* (2014), respectively.

In cattle farm workers 11.7%, 58.8% and 29.4% of STEC positive isolates harboured *stx1*, *stx2* and both *stx1* and *stx2* genes, respectively, whereas in buffalo farm workers 12.5%, 56.2% and 25% of STEC positive isolates harboured *stx1*, *stx2* and both *stx1* and *stx2* genes, respectively. In sheep farm workers 7.6%, 53.8% and 38.4% of STEC positive isolates harboured *stx1*, *stx2* and both *stx1* and *stx2* genes, respectively, whereas in goats 10%, 60% and 30% of STEC positive isolates harboured *stx1*, *stx2* and both *stx1* and *stx2* genes, respectively.

In pig farm workers 13.3%, 60% and 26.6% of STEC positive isolates harboured *stx1*, *stx2* and both *stx1* and *stx2* genes, respectively. In poultry farm workers 8.6%, 60.8% and 34.7% of STEC positive isolates harboured *stx1*, *stx2* and both *stx1* and *stx2* genes, respectively. Very low prevalence of *stx1* (3.8%) and *stx2* (0.5%) was reported by Trung *et al.* (2016) in poultry farm workers. In diarrheic patients, 12.9%, 54.8% and 32.2% harboured *stx1*, *stx2* and both *stx1* and *stx2* genes, respectively. Similar to the higher prevalence of *stx2* in the present study, Karmali *et al.* (2003) in a study at USA, observed very high prevalence of *stx2* (93.1%), wherein none carried *stx1* gene. Scheutz *et al.*, (2025) reported that STEC with *stx2* are more important than *stx1* in the development of HUS and that, strains that express *stx2* alone are more likely to be associated with the progression to HUS than strains that produce both *stx1* and *stx2*. Ludwig *et al.* (2001) reported that 71% of children with HUS were due to *stx2* producing STEC.

Antibiotic Resistance for STEC Isolates

The positive STEC isolates by PCR from human faecal samples were found to be highly resistant to ampicillin, cephalothin (100% each) followed by tetracycline (98.4%), streptomycin (95.2%), sulphonamides (91.2%), trimethoprim (84.8%), kanamycin (36%), chloramphenicol (19.2%), colistin (4.8%) and least resistant to gentamicin (4%). They were highly



Table 4: Antibiotic resistance of STEC isolated from human faecal (n=125) samples

S. No.	Antibiotic	No. of isolates Sensitive (%)	No. of isolates Intermediate (%)	No. of isolates Resistant (%)
1	Ampicillin (10 µg)	0	0	125 (100%)
2	Cephalothin (30 µg)	0	0	125 (100%)
3	Chloramphenicol (30 µg)	78 (62.4)	23 (18.4)	24 (19.2)
4	Colistin (10 µg)	103 (82.4)	16 (12.8)	06 (4.8)
5	Gentamycin (10 µg)	106 (84.8)	14 (11.2)	05 (4.0)
6	Kanamycin (30 µg)	64 (51.2)	16 (12.8)	45 (36.0)
7	Sulphonamides (300 µg)	03 (2.4)	08 (6.4)	114 (91.2)
8	Streptomycin (10 µg)	01 (0.8)	05 (4.0)	119 (95.2)
9	Tetracycline (30 µg)	01 (0.8)	01 (0.8)	123 (98.4)
10	Trimethoprim (5 µg)	08 (6.4)	11 (8.8)	106 (84.8)

sensitive to gentamicin (84.8%), followed by colistin (82.4%), chloromphenicol (62.4%), kanamycin (51.2%), trimethoprim (6.4%), sulphonamides (2.4%), streptomycin and tetracycline (0.8% each) (Table 4).

The current resistance of STEC isolates from human faecal samples to ampicillin (100%) was similar to reports of Naik and Desai (2012) and Arabi and Banazadehi (2013), whereas Nsofor and Iroegbu (2013) reported slightly less resistance of 85.7%. A resistance of 50%, 27.2% and 7.4% against ampicillin was reported by Schroder *et al.* (2002), Ji-Yeon *et al.*, (2006), and by Mukharjee *et al.* (2017), respectively.

Schroeder *et al.* (2002) and Hameed *et al.* (2017) observed a resistance of 50% and 76.4%, respectively, against cephalothin for the isolates from human faecal samples, which is less than 100% resistance observed in the present study. The chloromphenicol resistance reported by Schroder *et al.*, (2002) for the isolates from human faecal samples was 25.1%, while slightly lower resistance (19.2%) was observed in the present study. High resistance of 68.75% and 67.4% against chloromphenicol was reported by Naik and Desai (2012) and Nsofor and Iroegbu (2013), respectively. A sensitivity of 62.4% observed in the present study was lower than 100% reported by Hameed *et al.* (2017).

Very low resistance (4.8%) against colistin for the isolates from human faecal samples was observed in the present study compared to higher resistance (9.9%) observed by Rao *et al.* (2011). Compared to very high resistance (71.4%) reported by Danielle *et al.* (2018) high sensitivity (82.4%) was observed against colistin in the present study.

A sensitivity of 84.8% against gentamicin for the STEC isolates from human faecal samples was observed in the present study, which was less than 100% observed by Hameed *et al.* (2017). Very low resistance (4%) against gentamicin for the STEC isolates from human faecal samples was observed in the present study compared to the resistance of 6.7% to 62.9%, reported by others (Naik and Desai, 2012; Nsofor and Iroegbu, 2013; Olowe *et al.*, 2014).

Rao *et al.* (2011) reported higher resistance (85.7%) against kanamycin for STEC isolates from human faecal samples

than the 36% resistance observed in the present study. The resistance of STEC isolates from human faecal samples against sulphonamides was 91.2%, which was higher than the resistance of 25% and 65.5% reported by Schroder *et al.* (2002), and Fazeli and Salehi (2007), respectively.

Cent percent resistance of the STEC isolates from human faecal samples against streptomycin was reported by Rao *et al.* (2011), which was nearer to the resistance (95.2%) observed in the present study, but was higher than 50.0% to 78.7%, reported by Schroder *et al.* (2006), Nsofor and Iroegbu (2013), whereas zero resistance was reported by Ji-Yeon *et al.* (2006).

The current 98.4% resistance of STEC isolates from human faecal samples against tetracycline was comparable to resistance of 93.75% to 100% resistance reported by Rao *et al.* (2011) and Naik and Desai (2012), while lower resistance from 50% to 79.8% was reported by others (Schroeder *et al.*, 2006; Fazeli and Salehi, 2007; Nsofor and Iroegbu, 2013), and only 18.2% by Ji-Yeona *et al.* (2006). The STEC isolates from human faecal samples in the present study had higher resistance (84.8%) against trimethoprim than the resistance of 71.4%, 65.5%, 25% and 4% reported by Rao *et al.* (2011), Fazeli and Salehi (2007), Schroder *et al.* (2002) and Mukharjee *et al.* (2017), respectively.

CONCLUSION

The present study indicates a high prevalence of STEC *i.e.*, 57.8% among farm animal workers which further suggests the significant role of faeco-oral transmission as animals are the reservoir for this organism. By taking proper personal hygienic measures faeco-oral transmission can be avoided / minimized.

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